



TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE

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ECO CLUB



Report on Beyond the Bag: A Journey to Plastic-Free Living

Title of Activity	Beyond the Bag: A Journey to Plastic-Free Living
OBE Values	<ul style="list-style-type: none"> • Environmental Sustainability • Community Engagement • Education and Awareness • Empowerment
Event – Awareness/Outreach	Outreach
Program Theme	Plastic Waste Management and Pollution Control
In association with (Dept./Centre/Cells/Clubs/Committees Name)	Eco Club
Learning Outcomes	<ul style="list-style-type: none"> • Understanding the impact of plastic on the environment • Exploring alternatives to single-use plastics • Developing practical skills for a sustainable lifestyle • Fostering a sense of community responsibility
Objectives of the activity	<ul style="list-style-type: none"> • To educate participants about the dangers of plastic pollution • To encourage the adoption of plastic-free practices • To provide practical solutions for reducing plastic use in daily life • To inspire students to become advocates for environmental sustainability
Date	10-10-2023
Time	10:00 AM - 1:00 PM
Venue	Bhalswa Dairy

[Signature]

Coordinator

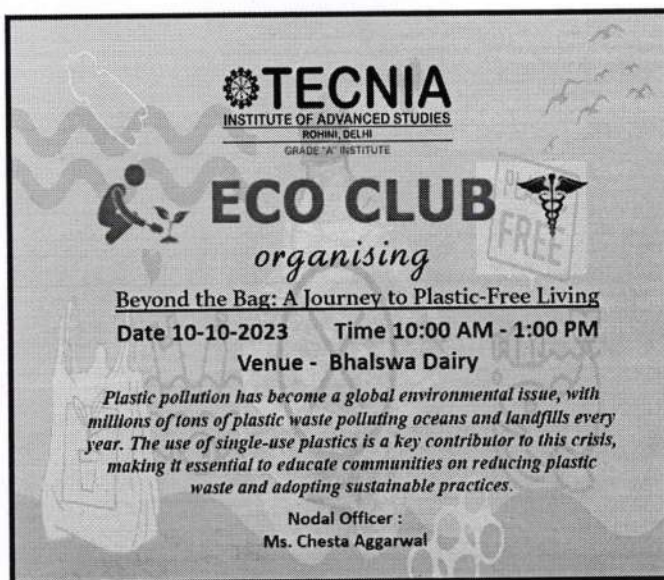
Internal Quality Assessment Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085

[Signature]

Nodal Officer, Eco Club

Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

Poster/Flyer/Notice



No. of Students

20

No. of Faculty

01

No. of External Participants (students + faculty)

NA

Photograph



Students initiating the event from the institute

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Group photo session of students

Report (Description in 250 to 800 words)

On a bright morning at Bhalaswa Dairy, twenty enthusiastic students gathered to embark on a transformative journey towards a plastic-free lifestyle. The outreach activity commenced with a faculty coordinator and students, emphasizing the importance of community involvement in tackling environmental issues.

The activity began with a description outlining the current state of plastic pollution globally and its detrimental effects on wildlife, ecosystems, and human health. The students shared alarming statistics that underscored the urgency of addressing this crisis. Locals were encouraged to reflect on their personal experiences with plastic and share their thoughts in an interactive discussion.

To make the learning experience more tangible, participants engaged in several hands-on activities. After the poster designing on plastic pollution students learned about biodegradable options, such as beeswax wraps for food storage and stainless steel containers for lunches. The discussion shifted towards practical ways to integrate these alternatives into their daily routines.

Community Engagement: To reinforce the message of collective action, participants brainstormed ways to promote plastic-free practices within their communities. This segment empowered students to

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recognize their potential as change-makers within their neighborhoods.

Conclusion and Reflection: As the activity concluded, students gathered for a reflection activity. They shared their key takeaways, expressing a newfound commitment to reducing plastic use. Many articulated a desire to influence their families and friends, spreading awareness about the importance of living sustainably.

Benefits to Society: The "Beyond the Bag" workshop yielded several significant benefits for both participants and the wider community.

1. **Increased Awareness:** By educating students about the impacts of plastic pollution, the program instilled a deeper understanding of environmental issues. This awareness can lead to informed decision-making in their daily lives.
2. **Community Advocacy:** By empowering students to become advocates for sustainability, the program fostered a sense of responsibility and community engagement. Their proposed initiatives can spark larger movements toward reducing plastic use in their neighborhoods.
3. **Long-Term Impact:** As these students share their knowledge and experiences, they can inspire peers and family members, creating a ripple effect that promotes a culture of sustainability.
4. **Environmental Health:** Reducing plastic waste directly contributes to healthier ecosystems. As individuals adopt plastic-free lifestyles, the cumulative effect can lead to cleaner environments and improved biodiversity.

In conclusion, the "Beyond the Bag: A Journey to Plastic-Free Living" activity successfully engaged students in meaningful discussions and activities focused on sustainability. By empowering the next generation with knowledge and practical skills, the program not only benefited the participants but also contributed positively to society as a whole. The journey towards a plastic-free future begins with informed individuals who are passionate about

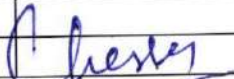
Cherita

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Wadhwan Chowk, Rohini Delhi - 85

Coordinator

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	making a difference, and this event was a significant step in that direction.
Resource Person Profile	NA
Attendance Sheet	At the end
Report Submitted by Nodal Officer/Event Coordinator	Ms. Chesta Aggarwal
For Office Use: Notification No.	
Signature of Event Coordinator	

ECO - CLUB			
List of Participants			
S. No.	Enrollment	Name	Course
1.	00517002023	ISHAAN TOMER	BCA
2.	00617002023	KANCHAN MAURYA	BCA
3.	00717002023	HARSH NEGI	BCA
4.	00817002023	UTSAV	BCA
5.	00917002023	DHIRANKURESHWAR JHA	BCA
6.	01017002023	RISHABH JAIN	BCA
7.	01117002023	BANISHA JOSHI	BCA
8.	01217002023	SANIDHAY GOEL	BCA
9.	01317002023	DAKSH MALHOTRA	BCA
10.	06717001723	ANMOL MALHOTRA	BBA
11.	06817001723	RAGHAV NAGPAL	BBA
12.	06917001723	BHAVYAA KAPOOR	BBA
13.	07017001723	SIMRAN CHAWLA	BBA
14.	00517002423	UDAY	BAJMC
15.	00617002423	MOHAK SETH	BAJMC
16.	00717002423	ABHINAV GUPTA	BAJMC
17.	00917002423	KAMAKSHI	BAJMC
18.	01017002423	MADHAV ARORA	BAJMC
19.	01117002423	NUPUR	BAJMC
20.	01217002423	VAIBHAV	BAJMC


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