



TECNIA INSTITUTE OF ADVANCED STUDIES GRADE "A" INSTITUTE

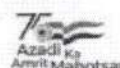
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Red Ribbon Club




REPORT

Title of Activity*	HIV Prevention: Safe Practices and Testing
Activity Type	Outreach Activity
Values	Health awareness, responsibility, empathy, community engagement, and safety.
Learning Outcomes	<ul style="list-style-type: none"> • Understanding the importance of safe sexual practices to prevent HIV transmission. • Knowledge of available HIV testing methods and the significance of regular testing. • Awareness of pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) as HIV prevention measures. • Reducing stigma and encouraging open conversations about HIV prevention within the community.
OBJECTIVES	<ul style="list-style-type: none"> • To increase AIDS awareness and to integrate AIDS Information. • Encourage people to get involved in prevention efforts.
Organized by	Red Ribbon Club
Program Theme*:	HIV Awareness and Prevention through Safe Practices and Regular Testing
External Expert / Internal Expert	Dr. Sheenu Arora, NSS-Programme Coordinator Red Ribbon Club-

Programme Officer Red Ribbon Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

Director
Tecnia Institute of Advanced Studies
(Affiliated to GGSIP University Delhi)
Madhuban Chowk, Rohini, Delhi-85

	Programme Officer
Date*	28 th October 2023
Venue	Bhalswa Dairy
Time*	11:00 AM onwards
Poster/Flyer/Notice*	
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	10
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	01 Dr. Sheenu Arora
No. of External Participants (students + faculty) [write NA if not applicable]	NA

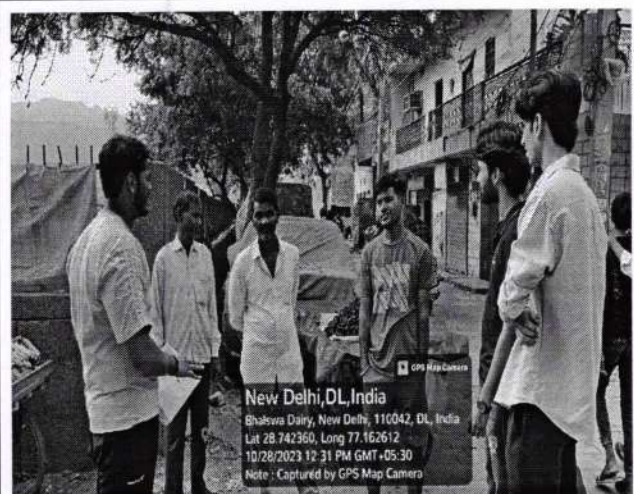
(Geotag) Photograph of the Event with the Caption *



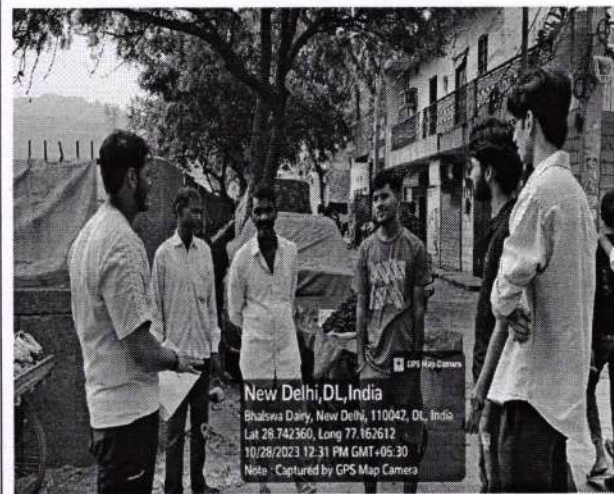
Shout Out on HIV doesn't define you.



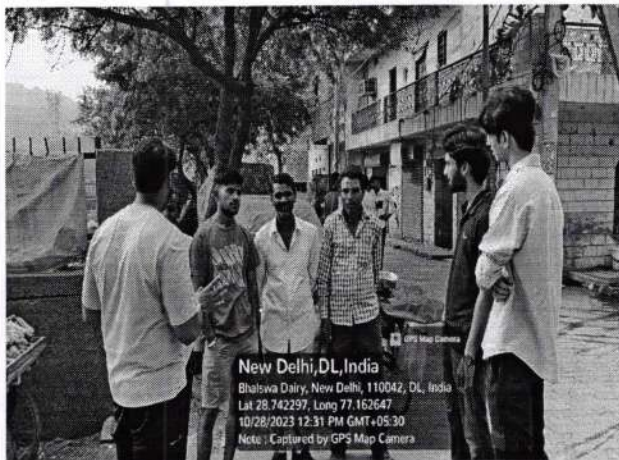
Prevent, protect, and stay informed



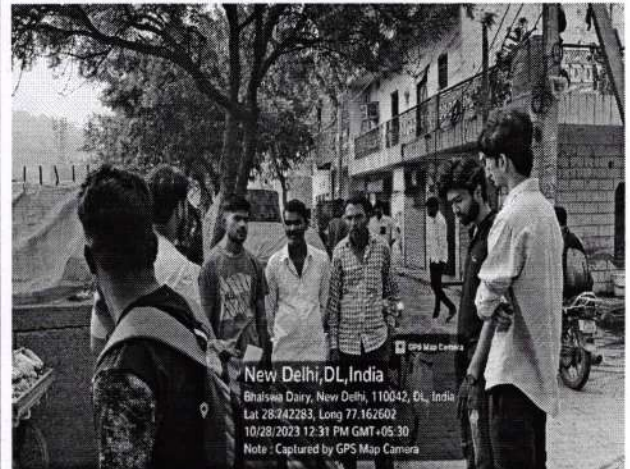
Protect yourself and your community



Get tested, practice safe behaviors



Volunteers Interacting with Villagers



A small discussion on safe practices

Report: Description in (min 250 to max 800 words)*

The outreach activity titled "HIV Prevention: Safe Practices and Testing" was successfully conducted on 27th October 2023 at Bhalswa Dairy organized by the RRC of TIAS. The event aimed to educate students and community members about the significance of practicing safe methods to prevent HIV transmission and to encourage regular HIV testing as a proactive health measure.

The session began with a detailed presentation by Aman Gupta, a 3rd year BBA student and a RRC volunteer and villagers briefed about crucial insights into the global HIV epidemic. Students discussed various ways in which HIV can be transmitted, including unsafe sexual practices, sharing needles, and from mother to child during childbirth or breastfeeding. The presentation highlighted the importance of practicing safe sex, including the consistent use of condoms, and also


addressed the role of PrEP (Pre-Exposure Prophylaxis) and PEP (Post-Exposure Prophylaxis) in reducing the risk of contracting HIV.


In addition to preventive measures, the expert explained the significance of regular HIV testing, especially for individuals who engage in high-risk behaviors. The availability of free or low-cost HIV testing services was discussed, encouraging attendees to take proactive steps to know their status. The expert emphasized that early detection is key to managing HIV effectively, thanks to advancements in antiretroviral therapy (ART) which can help people living with HIV lead healthy lives.

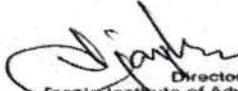
The session also tackled common misconceptions surrounding HIV transmission, particularly among adolescents and young adults. To foster a supportive and stigma-free environment, the importance of empathy and understanding for those living with HIV was reinforced.

Participants were provided with informative brochures and were encouraged to spread the message of HIV prevention within their communities.

	<p>Through this activity, participants gained a deeper understanding of HIV prevention methods, the importance of regular testing, and the need to eliminate the stigma associated with the disease. The event saw active participation from students, faculty members and villagers, all of whom expressed positive feedback about the program.</p> <p>The HIV Prevention: Safe Practices and Testing outreach event succeeded in promoting responsible health behaviors and raising awareness about the importance of HIV prevention and testing.</p>																						
Resource Person Profile	NA																						
Attendance Sheet* <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>SL No.</th> <th>NAME</th> </tr> </thead> <tbody> <tr><td>1</td><td>AMAN GUPTA</td></tr> <tr><td>2</td><td>DAKSH DUTT</td></tr> <tr><td>3</td><td>SANYAM BHARADWAJ</td></tr> <tr><td>4</td><td>PREMDEEP SAHA</td></tr> <tr><td>5</td><td>PRIYANK JAIN</td></tr> <tr><td>6</td><td>PARTH MALIK</td></tr> <tr><td>7</td><td>SHOURYA MANCHANDA</td></tr> <tr><td>8</td><td>ANSH GUPTA</td></tr> <tr><td>9</td><td>VINAY KUMAR</td></tr> <tr><td>10</td><td>ISHA SHARMA</td></tr> </tbody> </table>		SL No.	NAME	1	AMAN GUPTA	2	DAKSH DUTT	3	SANYAM BHARADWAJ	4	PREMDEEP SAHA	5	PRIYANK JAIN	6	PARTH MALIK	7	SHOURYA MANCHANDA	8	ANSH GUPTA	9	VINAY KUMAR	10	ISHA SHARMA
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Feedback	<i>Sample feedback Attached at the end of Report</i>																						

Report Submitted by Convener (write faculty coordinator name)	Dr. Sheenu Arora, NSS-Programme Coordinator Red Ribbon Club- Programme Officer
For Office Use	
Signature of Event Coordinator Dr. Sheenu Arora, NSS-Programme Coordinator Red Ribbon Club- Programme Officer	Signature of School/Department Head (With Seal)  Programme Officer Red Ribbon Club Technia Institute of Advanced Studies Madhuban Chowk, Rohini, Delhi-85


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